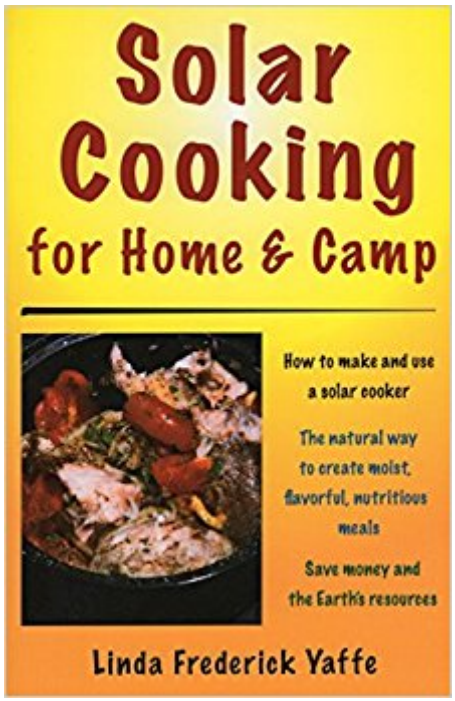
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Solar Cooking For Home & Camp: How To Make And Use A Solar Cooker



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Synopsis

Quickly toss together the ingredients for Cashew Curry, place it in the solar cooker, point the cooker to the midday sun, and head to work. You'll come home to a ready-to-eat hot meal. Solar cooking is a simple and easy way to prepare a meal without heating up the kitchen, simply by using the sun's heat.Perfect for dishes requiring delicate cooking like Cheese Strata and Solar Baked Custard, and fish cooks up moist. Eliminate parboiling and marinating--it's done all in one step.Make your own solar box or folding panel cookerEasy recipes that can be made with little preparation at home or in campSide dishes and snacks, soups, stews, chilies, fish and seafood, casseroles, pasta, and baked goods

Book Information

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Shipping Weight: 4.8 ounces (View shipping rates and policies)
Average Customer Review: 4.3 out of 5 stars 40 customer reviews
Best Sellers Rank: #282,336 in Books (See Top 100 in Books) #36 inÃ Â Books > Cookbooks, Food & Wine > Outdoor Cooking > Camping & RVs

Customer Reviews

Lifelong camper Linda Frederick Yaffe has written for Backpacker magazine. Her previous books are Solar Cooking for Home & Camp, High Trail Cookery, and The Well-Organized Camper. She lives in Auburn, California.

A great book on the subject. A Recommend read for those looking to cook your food with the heat of the sun. Has some great solar cooker/oven build designs. And the recipes sure do help get the best from the cookers.

This is a book that every survivalist or someone who want to be prepared for the unexpected like, natural or man made disastersFrom how to build a solar cooker to food recipes of the kind of food you can cook. So if the electricity is out and if the sun is up this is the energy you need to cook your

food. But only if the sun is up.

Needed a book to learn the ins and outs of solar cooking. Found enough in this book to get started with my new solar oven. Clear explanations with pictures. Includes directions for constructing your own solar oven.

This book not only tells you how to cook foods along with some recipes, in the solar cooker, it has plans on how to build a solar cooker. If you're making an emergency kit - this should definitely be in there - after you read it!!!

This is a great starter book for those thinking about solar cooking. It includes instructions on how to build your own oven and cooking several foods.

good

I can't wait for more sunny weather to try out several of the recipes. These recipes are doable, that means you don't have to buy special ingredients. Use what you already have to cook with. I highly recommend this book for anyone who wants to solar cook.

good book the basics plus more

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